




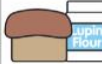










WEEK ONE

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

SAUSAGE & MASH		✓					✓							✓
TOMATO PASTA		✓					✓							
FLAPJACK		✓					✓							
MINCE & DUMPLINGS		✓		✓			✓						✓	
QUORN CHOW MEIN		✓		✓						*	*		✓	
PEAR & CHOC PUDDING		✓		✓			✓							
ROAST TURKEY	✓	✓		✓			✓							
VEG LASAGNE + GARLIC BREAD	✓	✓		✓			✓					✓		
SHORTBREAD		✓					✓							
CHICKEN TIKKA MASALA							✓							
MARGARITA PIZZA		✓		✓			✓						✓	
STICKY TOFFEE PUDDING		✓		✓			✓							✓
BREADED FISH		✓			✓									
QUORN FRIED RICE		✓		✓									✓	
CHOCOLATE BROWNIE		✓		✓										
JACKET + TUNA MAYO				✓	✓		✓		✓					
JACKET + COLESLAW				✓			✓		✓					
JACKET + BEANS														
JACKET + CHEESE							✓							

- * = MAY CONTAIN DEPENDANT ON SOY SAUCE USED – PLEASE CHECK

DISHES AND THEIR ALLERGEN CONTENT

WEEK TWO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

BEEF SPAGHETTI BOLOGNAISE	✓	✓										✓		✓
CHEESE & TOMATO PARCEL		✓		✓			✓							
JAM SPONGE		✓		✓			✓						✓	
HAM & TOMATO PIZZA		✓		✓			✓						✓	
MARGARITA PIZZA		✓		✓			✓						✓	
FAIRY CAKE		✓		✓			✓							
ROAST PORK DINNER	✓	✓		✓			✓							
QUORN BURGER + ROLL		✓		✓			✓					✓		
RICE KRISPIE CAKE		✓					✓							
CHICKEN & VEG HOT POT														
CHEESE & ONION QUICHE		✓		✓			✓							
LEMON DRIZZLE CAKE		✓		✓			✓							
FISH FINGERS		✓			✓									
QUORN PASTA BAKE	✓	✓		✓			✓					✓		
ICED SPONGE CAKE		✓		✓			✓							
JACKET + TUNA MAYO				✓	✓		✓		✓					
JACKET + COLESLAW				✓			✓		✓					
JACKET + BEANS														
JACKET + CHEESE							✓							

DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

WEEK THREE

CHICKEN PASTA BAKE		✓					✓					✓		
CHEESE SWIRL		✓					✓							
ORANGE SPONGE		✓		✓			✓							
MINCE BEEF PIE	✓	✓		✓			✓							
QUORN BOLOGNAISE	✓	✓		✓			✓					✓		
ICED FINGER BUN		✓											✓	
ROAST CHICKEN DINNER	✓	✓		✓			✓							
QUORN SAUSAGE		✓		✓			✓							
STRAWBERRY DELIGHT		✓					✓						✓	
SHORTBREAD BISCUIT		✓					✓							
BEEF CASSEROLE	✓	✓		✓			✓					✓	✓	
CHEESE PIZZA		✓		✓			✓						✓	
RICE PUDDING							✓							
BREADED FISH		✓			✓									
VEGETABLE FRITTATA				✓			✓							
CHOCOLATE KRISPIE CAKE		✓					✓							