

	8.00 - 9.00am	Morning Routine Get dressed, have breakfast
	9.00 - 9.30am	Exercise Joe Wicks live, Go Noodle, Dance
	9.30 - 11.00am	Learning Time Tasks set by teachers
	11.00 - 11.30am	Break time & snack Go in the garden for free play, play with toys
	11.30 - 12.00pm	Learning Time Tasks set by teachers
	12.00 - 1.00pm	Lunch time Children to help prepare food and help with the dishes
	1.00 - 1.30pm	Free time Get some fresh air in the garden, electronics time, play with toys, play board games
	1.30 - 2.30pm	Creative time Drawing, painting, go on a bug hunt/nature trail in the garden, dance, sing
	2.30 - 3.00pm	Reading/Quiet time Read a book, mindfulness (mindfulness activities can be found on YouTube/Go Noodle)
	3.00 - 5.00pm	Tidy up time Tidy away for the day, help around the house, cleaning, prepare tea
	5.00pm - Bedtime	Meal time & Free time plus bedtime story