

PSHE & SRE									
	Autumn Term Relationships			Spring Term Living in the Wider World			Summer Term Health & Wellbeing		
	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
EYFS	Children play cooperatively, taking turns with others. They take account of one another's ideas and show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.			Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.			Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully including dressing and going to the toilet independently. Children talk about how they and others show feelings, talk about their own and others' behaviour and its consequences.		
Safeguarding Focus	-Respect -Positive Relationships			-Promoting Diversity			-Trusted adults		
Protected Characteristics	Woven throughout at an age appropriate level								

	<u>Autumn Term</u> Relationships			<u>Spring Term</u> Living in the Wider World			<u>Summer Term</u> Health & Wellbeing		
KS1	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Safeguarding Focus	-Trusted adults - Healthy Friendships /Relationships	-Bullying - Healthy Friendships /Relationships -Consent	-Bullying - Healthy Friendships /Relationships -Promoting Diversity	-Respect -Following rules	- Online Safety		- Sun Safety - using sunscreen/sun hats - Personal Hygiene -Trusted adults	-Consent -Growing up (how your body grows) -Boys and girls' bodies (correct terminology)	- Online Safety -Road Safety
Protected Characteristics	-Gender		-Race -Religion or Belief -Disability -Sex -Age -Gender	-Race -Religion or Belief -Disability -Sex -Age				-Sex	
Enrichment Opportunities	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

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KS1	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
Safeguarding Focus	-Trusted adults - Healthy Friendships /Relationships	-Bullying - Healthy Friendships /Relationships -Peer pressure	-Bullying - Healthy Friendships /Relationships -Promoting Diversity	-Respect -Celebrating Diversity	- Online Safety		- Sun Safety - using sunscreen/sun hats - Personal Hygiene -Trusted adults	-Consent -Growing up (how your body grows) -Boys and girls' bodies (correct terminology)	- Online Safety -Road Safety
Protected Characteristics			-Race -Religion or Belief -Disability -Sex -Age -Gender	-Race -Religion or Belief -Disability -Sex -Age				-Sex	
Enrichment Opportunities	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

	<u>Autumn Term</u> Relationships			<u>Spring Term</u> Living in the Wider World			<u>Summer Term</u> Health & Wellbeing		
LKS2	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
Year 3 LKS2	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Safeguarding Focus	- Bullying -Healthy Friendships Relationships	-Consent -Online Safety -Healthy Friendships Relationships	-Consent -Healthy Friendships Relationships -Bullying -	-Respect -Celebrating Diversity -Following rules	-Online Safety		-Personal Hygiene -Healthy Lifestyles -Mental Health	-Mental Health	-Road Safety
Protected Characteristics	Marriage and Civil Partnership		-Race -Religion or Belief -Disability -Sex -Age	All could be referred to.		All could be referred to - linked to stereotypes.		-Race -Religion or Belief -Disability -Sex -Age	
Enrichment Opportunities	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

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LKS2	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
Year 4 LKS2	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Personal identity; recognising individuality and different qualities; mental wellbeing	Medicines and household products; drugs common to everyday life
Safeguarding Focus	-Online Safety -Bullying -Healthy Friendships Relationships	-Consent -Online Safety -Healthy Friendships Relationships	-Consent -Healthy Friendships Relationships -Bullying -	-Respect -Celebrating Diversity	-Online Safety		-Personal Hygiene -Healthy Lifestyles -Mental Health	-Mental Health	-Road Safety
Protected Characteristics	Marriage and Civil Partnership		-Race -Religion or Belief -Disability -Sex -Age	-Race -Religion or Belief -Disability -Sex -Age			-Race -Religion or Belief -Disability -Sex -Age		
Enrichment Opportunities	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

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UKS2	Families & friendships	Safe relationships	Respecting ourselves & others	Belonging to a community	Media literacy & Digital resilience	Money & Work	Physical health & Mental wellbeing	Growing & changing	Keeping safe
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Keeping safe in different situations, including responding in emergencies and first aid
Safeguarding Focus	-Consent -Healthy relationships	-Consent -Peer Pressure -Bullying		-Bullying	-Online Safety		Physical health & Mental wellbeing	-Personal Hygiene -Healthy Lifestyles	
Protected Characteristics	-Sexual Orientation -Marriage and Civil Partnership		-Race -Religion or Belief -Disability -Sex -Age	-Race -Religion or Belief -Disability -Sex -Age		-Gender			
Enrichment Opportunity	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

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Year 6	Attraction to others; romantic relationships; civil partnership and marriage Year group specific Can withdraw	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transitions	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media (Sex education session - Statutory)
Safeguarding Focus	-Consent -Healthy relationships	-Consent -Peer Pressure -Bullying		-Bullying	-Online Safety	-Managing Risks	-Physical health & Mental wellbeing		
Protected Characteristics	-Sexual Orientation -Marriage and Civil Partnership		-Race -Religion or Belief -Disability -Sex -Age	-Race -Religion or Belief -Disability -Sex -Age		-Gender			
Enrichment Opportunities	-Children In Need -Anti-Bullying Week -White Ribbon Campaign -World Mental Health Awareness Day			-Safer Internet Day -Children's Mental Health Week -Sign Language Awareness Week			-Deaf Awareness Week		

