

Dear Parents and Carers,

We all really hope you have found parents evening useful and informative this week and know the things to work on in partnership with us over the coming weeks. I know all the staff have valued the time greatly.

Deaf Awareness & Mental Health Week

This past fortnight we have run short projects on Deaf Awareness and Mental Health Week.

It is important for us all to remember that these weeks never signal the end of that awareness, but form part of our thinking every day as we grow and understand our world better. Understanding how to help people and how to help ourselves through exercise, healthy eating or reaching for that help when we need it are skills for life not just a week in the year.

Unpicking what it means to be good and feel good

Our school behaviour chart has the green 'good' section and through assemblies over this week and next we have been unpicking what it means to 'feel' good and that it is how we feel that gives us the biggest reward of all (team points and certificates are nice of course along with a treat at home!)

Knowing that we try our best to make good choices and respect all those around us really does link well to our own mental health.

It's good to be green for good!

Robert Wilkinson
PRIMARY ACADEMY

GOOD

- I make the right choices.
- I try my best.
- I tell the truth.
- I am a good learner.
- I have good manners.
- I am a good friend.
- I respect everyone and everything..
- I follow instructions the first time
- I listen to others.

Everybody will see what a good job I am doing.

- I will be a successful learner.
- I will earn team points and rewards.

I will be happy and enjoy coming to school.
My team will be very proud!

See how many times next week can you say well done to someone

This week we have zoomed in on the 'I tell the Truth' phrase helping children to understand when it is easy to tell the truth and when it is harder. The outcome of course, is that it is better to tell the truth because people will respect you and trust you in the long run. Unfortunately it is a human trait to hide the truth sometimes and that is why it is really important to educate children and model open trustworthy behaviour on a daily basis.

Next week we are looking at how we say 'No' when people are asking us to do something we know is wrong or inappropriate. Again, what a life skill to grow in our children when we think of all the temptations life throws at us as we grow up. We will be guiding the children towards a 3 Step Rule:

1. Say 'Please stop that, I don't like it/I don't want to do that'
2. Look the person in the eyes and say 'No, stop it or I will tell an adult'
3. Tell an adult if it continues

It is designed to empower the person being asked to let the other person know that they don't agree with what they are being asked to do and to give the asker a warning or a chance to change what they are asking.

In the vast majority of cases in school, the asker modifies what they are asking and understands that what they were asking was wrong and behaviour is modified.

I hope this information is timely and really useful to you so that you too can guide your child knowing school are

doing the same thing at the same time.

Finally I am going to keep the key reminder messages from last week, along with 1 extra thing..... please please put names in your child's clothes particularly jumpers and PE tops and on drinks bottles/lunch tubs if possible. As the weather is nicer (sometimes!) we are outside more and children sometimes take their jumper off and forget where they leave it. Names inside make it so much easier to reunite when all tops look much the same!

We have noticed a lot more Year 5 & 6 pupils coming on site before 8:45, please can you delay them a little - we will remind the children too.

Reminders and Key Messages

1. Please don't arrive at the school gates **before 8:40 am** - (year 5&6 from 8:45)
2. Please **bring a raincoat** to school as we will be trying to get outside as much as possible even if there is a little rain
3. Please continue to bring a **warm top for PE** as it can still be chilly outside
4. Please put a **name on your child's clothes** and lunch pots. Reuniting them is a real challenge.
5. Please remember, the **adventure trail** at the back of school is **out of use**. We will let you know otherwise.
6. If you have different carers who collect your children, could you please ensure they all understand the onsite rules too.

Have a wonderful weekend everyone.

Chris Evans