



## P.E.I Curriculum Statement

***“Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity.”***

John F Kennedy

### Intent

At Robert Wilkinson, we aim to provide a PE curriculum that is enjoyable for all pupils from Reception to Year 6 and allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum, including swimming, that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

### Implementation

Children are taught one hour per week by both teaching staff and sports coaches (2 hours in total). The curriculum is further enhanced by participation in numerous sporting tournaments with other schools in the area and many extra curricular clubs, such as VX, Tennis, Dance, Football and Dodgeball. We also have an on site swimming pool. As an Active School, we ensure that the children participate in active lessons outside of their regular PE lessons. This involves incorporating moments within lessons whereby the children can be active, for example using the sports premium funds to purchase accessories to aid music, maths and phonic lessons across each of the key stages. We follow the guidelines set by the national curriculum to ensure we offer a range of PE activities that allow each child to feel challenged and offer opportunities to progress further.

### Impact

We know that children have the ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE shown through their engagement and effort in lessons. The children practise skills in a wide range of different activities and situations independently, in small groups and in teams and are able to apply these skills in chosen activities to achieve exceptionally high levels of performance.

We know that children understand how to lead a healthy lifestyle, achieved by exercising regularly, eating sensibly, avoiding smoking, drugs and alcohol through conversations and observations of children. Children have the ability to remain physically active for sustained periods of time and an understanding of the importance of this in promoting long-term health and wellbeing.

Our teams participate regularly in a wide variety of competitions and our successes are celebrated and recognised through our sports leaders and at whole school level.