

Service Families Newsletter

June 2026



How FANDF Can Support You Ensuring Forces families with Additional Needs & Disabilities receive the support they need

There are many benefits to being a FANDF member, including receiving this monthly e-newsletter! Read on to discover three more ways FANDF can help you and your family.

- **Invitations to local outreach events and the biennial conference.** These sessions offer opportunities to raise issues and ask questions with MOD professionals and additional needs and disability specialists. You'll also have the chance to meet the FANDF committee who bring a wealth of lived experience and genuine understanding, connect with other families in similar circumstances and build valuable peer networks.
- You can access specialist **guidance and advocacy** from SSAFA's Additional Needs and Disability Advisor. Whether you need help navigating the SEND system (including the primary school admissions process), making or progressing referrals, liaising with your local authority, finding relevant services, or simply talking things through with someone who understands, support is available. Contact: CS.ANDA@ssafa-fhs.org.uk
- FANDF surveys give you a platform to **share your voice and have your say**. Survey findings are used to develop evidence-based recommendations that are shared directly with MOD policymakers and subject matter experts, helping **ensure policies and services accurately reflect real needs of the FANDF community**.

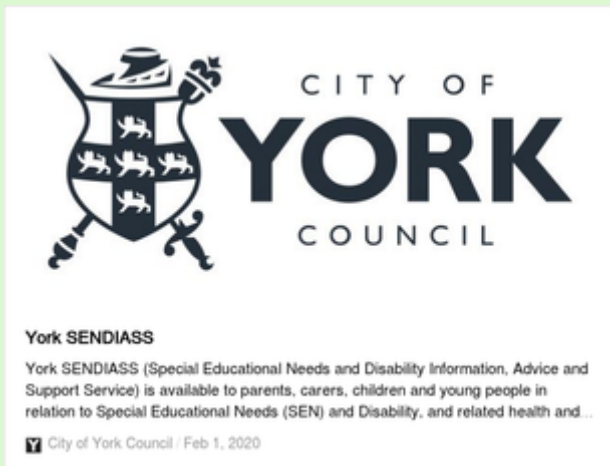


SENDIASS (Special Educational Needs and Disabilities Information, Advice and Support Service) is a free, confidential, and impartial service for young people (ages 0-25) and their families. They provide expert advice on education, health, and social care, as well as support with meetings, tribunals, and navigating the SEND process.

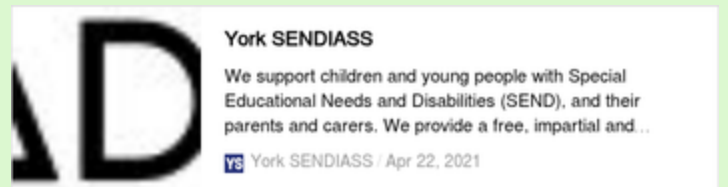
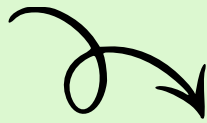
SENDIASS support children and young people with Special Educational Needs and Disabilities (SEND), and their parents and carers.

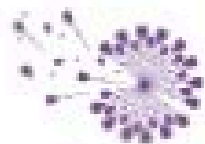
They provide a free, impartial and confidential service to help with concerns or questions around education, health, social care, inclusion and preparing for adulthood.

How to contact: They operate a self-referral process. You can find their online form and details at the [York SENDIASS Website](#).



Click here to find out more





Beyond the
Barracks

Est.
1841

YORK
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UNIVERSITY

FILM PROJECT

York St John University | Inspired Youth

JUNE 2026

@ YORK ST JOHN
UNIVERSITY



Collaborate with professional filmmakers to share your experiences as a student from a military family

For more information, please contact:

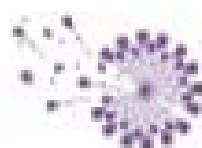
l.clarke1@yorksja.ac.uk

Travel and catering fully funded for participants

As part of this film project, you will:

- * Share your unique experiences as a student from a military family.
- * Get firsthand insight into the world of filmmaking, including scriptwriting and production.
- * Co-create an informative short film which will be shared with educators, professional staff, and young people.
- * Be invited to a film screening to celebrate and launch your work.
- * Meet other young people from military families in your local area.

TO APPLY:
SCAN THE QR CODE



Beyond the
Barracks

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YORK
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UNIVERSITY

Events

What is the Impact Centre Listening Tour?

The Listening Tour is one strand of a wider discovery programme being delivered through the Impact Centre. Its purpose is to hear directly from professionals who support Service children as part of their roles

We want to understand:

- What is working well?
- How is impact being measured?
- How can success be communicated more effectively?

Each Listening Tour event is designed to create space for practitioners to share their experiences and insights. Participants will take part in a structured activity to help us capture as much learning as possible from frontline practice.

Click here to find out more.



Impact Event



SCiP Alliance Annual Conference

Please save the date for the SCiP Alliance Annual Conference.

We are delighted to announce that this year's event will be hosted in York.

As 2026 marks the 10th Anniversary of the SCiP Alliance, we are especially pleased to return to the city where our very first Hub was established.

Please keep an eye on our [events page](#), with tickets going on sale soon.

DO YOU WORK WITH CHILDREN FROM ARMED FORCES FAMILIES?

YOUTH/SOCIAL/COMMUNITY WORK
SCHOOLS • NHS • SPORTS CLUBS
LOCAL AUTHORITIES
ACTIVITY CENTRES

Tell us what works!

Service
Children's
Progression
ALLIANCE
IMPACT CENTRE

IMPACT CENTRE LISTENING TOUR

19/05/2026	YEOVIL	11/06/2026	NORWICH	24/07/2026	ONLINE
20/05/2026	LYMPSTONE	12/06/2026	KING'S LYNN	08/07/2026	WOLVERHAMPTON
21/05/2026	PLYMOUTH	15/06/2026	COTTESMORE	12/08/2026	ONLINE
22/05/2026	HELSTON	16/06/2026	LINCOLN	23/09/2026	PORTSMOUTH
27/05/2026	EDINBURGH	17/06/2026	OXFORD	01/10/2026	ONLINE
28/05/2026	LEUCHARS	29/06/2026	INNSWORTH	OCT (TBC)	HIGH WYCOMBE
29/05/2026	LOSSIEMOUTH	30/06/2026	PRESTON	OCT (TBC)	SALISBURY
01/06/2026	INVERNESS	01/07/2026	YORK	OCT (TBC)	ALDERSHOT
02/06/2026	HELENSBURGH	02/07/2026	CATTERICK	OCT (TBC)	LONDON
05/06/2026	CARDIFF	06/07/2026	CHESTER	OCT (TBC)	RUISLIP
10/06/2026	COLCHESTER	07/07/2026	ANGLESEY	OCT (TBC)	GOSPORT

FIND OUT MORE & BOOK AT
scipalliance.org/events



CAN'T MAKE IT?

Other ways to tell us
what you think here

GIVE US TIME

WELFARE UPDATE SUMMER 2026



GIVE US TIME
Time Together for our Forces Families

Last few June breaks!



Seaview
St Osyth, Essex
sleeps 6
1 - 5 June



Glendale
Cumbria
sleeps 6
22 - 26 June



Braidhaugh
SE Scotland
sleeps 6
8 - 12 June



Billing Aquadrome
Northampton
sleeps 8
29 June - 3 July



Sauchope
SE Scotland
Sleeps 6
8 - 12 June



We have **weekend camping breaks** in **July** available at Stowford Farm Meadows in North Devon. Grass with electric pitches (tourers, trailer tents, and tents) and hardstanding pitches (motorhomes and tourers) plus shop and pool on site



Glamping Pod breaks
2 night breaks sleeping up to 4 people double bed/twin bunkbed - best for children!
Electricity and heating in pod
16 - 18 June - Golden Sands - Devon
7 - 9 July - Seaview - Essex

SCHOOL HOLIDAY BREAKS

PLEASE NOTE, WE DO NOT HAVE ANY BREAKS FOR SCHOOL HOLIDAYS CURRENTLY - ANY OPPORTUNITIES WILL BE POSTED ON OUR SOCIAL MEDIA

Give Us Time - WorkLife - 33 Foley Street - London - W1W 7TL
Reg. Charity 1152978 www.giveustime.org.uk enquiries@giveustime.org.uk

GIVE US TIME

WELFARE UPDATE SUMMER 2026



GIVE US TIME
Time Together for our Forces Families

September/October

Our Autumn breaks are live on the website now!

We have the usual amazing locations from Devon and Cornwall up to the Scottish Highlands!

NEW DONOR! Portrush, Northern Ireland

Beautiful ground floor seafront apartment with private terrace. Central location, fully kitted out, with luxury modern furnishings. Sleeps 4

Available 10 - 13 September



GIVE US A MOMENT

Our Give Us A Moment days out are also live on the website!

We have tickets to attractions in Bristol, Lincoln, Surrey and Norfolk!

Give Us Time - WorkLife - 33 Foley Street - London - W1W 7TL
Reg. Charity 1152978 www.giveustime.org.uk enquiries@giveustime.org.uk



Join us at
our next
**Empowering
You**
three-day workshop
9-11 June 2026
➤ Register now!

Empowering You is back!

Whether you're exploring a new career, returning to work, or looking for fresh inspiration, Empowering You is here to help you take that next step.

Designed for military family members, this supportive series brings together:

- Inspiring real-life career stories
- Forces-friendly employers
- Practical insights to boost your confidence
- A network of people who truly understand military life

What's on...



ARMY WELFARE SERVICE **ARMY BE THE BEST**

Scan the QR code to register children for sessions.

Play Session
for Service children aged 5-10 years
Strensall: Tuesdays 5.00pm-6.30pm

Arts & Crafts Sports Games

Baking Messy Play Imaginative Play

- Fun activities
- Make friends
- Try new things
- Supports well-being
- Supports learning

Youth Club
for Service young people aged 11-16 years
Strensall: Tuesdays 7.00pm-8.30pm

Pool Arts & Crafts Baking Sports

Fussball Air Hockey Table Tennis Trips

- Somewhere to go
- Something to do
- Someone to talk to
- Make friends
- Fun activities
- Supports well-being
- Try new things
- Learn new skills

Young people can bring a non-Service friend with them.

Strensall: Hurst Hall Community Centre, Border Road YO32 5SR
Sessions cost £1 and there is also a tuck shop selling sweets. Please contact Michael Bailey, AWS Community Development Worker, for more formation. Email: michael.bailey124@mod.gov.uk Tel: 077 6700 8982

Healthy Child

Toilet Training Workshop at Hurst Hall, Strensall YO32 5SR

Thursday 11th June at 11.30am

To book a place on the workshop contact the Healthy Child Service on telephone 01904 555475, or email: hcs-secure@york.gov.uk

Please provide your child's full name and date of birth when you email.

ARMY WELFARE SERVICE **ARMY BE THE BEST**

Volunteers Needed!

Do you like playing games, sports, arts & crafts or baking?

If yes, could you help at our weekly Play Session for Service children aged 5-11 years (Tues 5.00pm-6.30pm) or Youth Club for Service young people aged 11+ years (Tues 7.00pm-8.30pm) held in Hurst Hall Community Centre, Strensall?

Volunteer Requirements:

- Enjoy working with children and young people
- Aged 18+
- Agree to a DBS check
- References taken up

Volunteer Benefits:

- A fun and rewarding experience
- Free training
- Ongoing support
- Enhance your CV and job applications

For more information, please get in touch! Michael Bailey, Community Development Worker
Low Moor Centre, Fulford Tel. 077 6700 8982
Email: michael.bailey124@mod.gov.uk

Drop in clinics in York

Hobmoor Children's Centre
Monday 9am-12pm

Clifton Children's Centre
Thursday 9am-12pm

The Avenues Children's Centre
Friday 9am-12pm

Fulford Library
The first Tuesday of every month
9:30am-11:30am

Hurst Hall, Strensall
The second Thursday of every month
10am-12pm

Healthy Child Service
HCS Telephone 01904 555475
HCS-secure@york.gov.uk
<https://www.raiseyork.co.uk/healthy-child-service>

Healthy Child Service

Please call 01904 555475 if you would like support with:

- Sleep
- Speech and language
- Toilet training
- Healthy eating
- Parenting support

It's not just a Coffee Morning

It's a chance to meet people, create networks and let the little ones play. All military families & serving personnel are welcome.

Hurst Hall Community Centre every 1st and 3rd Thursday of the month 9:30 - 11:00 a.m.

We ask for a small donation of £1 per family which goes towards the cost of refreshments.



Think Together at SEND CENTRAL June 2026

Think Together are a team of mental health practitioners who can support when mental health difficulties first present. They can support with advice and information giving, as well as signposting to local services, which may be able to support with your child/ young person 's mental health. A way in which this support will be offered is through workshops. Please see the below workshops which have been arranged for parents/carers at SEND CENTRAL, to attend in June

10th June 10am - 11.30am Understanding Autism and how to refer for an assessment in CAMHS.

This workshop has been designed to support parents/carers to learn more about Autism Spectrum Condition. This workshop features identifying common characteristics of Autism and how to access an autism assessment with specialist CAMHS. We will provide information and resources to inform support strategies and adjustments to manage support needs that can present with Autism.

We would recommend this workshop for parents/carers considering an autism assessment or if their child has been recently diagnosed to help support understanding.

17th June 10am- 11.30am Introduction to Anxiety for Parents and Carers.

A workshop for parents/ carers to learn about Anxiety and how it can present in young people. This will include advice on how to manage symptoms of Anxiety and information about local services.

24th June 10am- 11.30am Understanding ADHD and how to refer for an assessment in CAMHS.

This workshop has been designed to support parents/carers to learn more about Attention Deficit Hyperactivity Disorder (ADHD). This workshop features identifying common characteristics of ADHD and how to access an ADHD assessment with specialist CAMHS services. We will provide information and resources to inform support strategies and adjustments to manage support needs.

We would recommend this workshop for parents/carers considering an ADHD assessment or if their child has been recently diagnosed to help support understanding.

No Need To Book Just Come Along

All held at SEND CENTRAL, Children's Centre on the site of Clifton Green Primary School, Water Lane York
YO30 6JA Tel: 01904 555076 Email: SENDCENTRAL@york.gov.uk



Useful contacts



Army Welfare Service
Serving the Service Community

For all Personal Support enquiries and referrals please contact the Intake and Assessment Team (the AWS welfare single point of contact) at:

RC-AWS-IAT-0Mailbox@mod.gov.uk or 01904 882053 (civ) / 94777 3053 (mil)



21 Multi-Role Medical Regiment

Welfare Officer: Capt Kyle Bruce

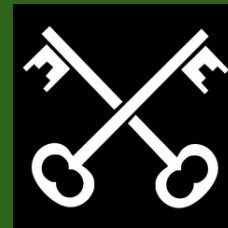
21MMR-RHQ-WELFARE-OFFR@MOD.GOV.UK

WO2 Nikki Robson

Email: 21MMR-RHQ-WELFARE-0MAILBOX@MOD.GOV.UK
Tel: 01904 442989

(Out of hours welfare please call the guardroom on 01904 442864 and ask for the Duty Welfare Officer)

Unit Welfare Clerk
Mrs Susan Wilson
Email: 34Hosp-rhq-welfare-clerk@mod.gov.uk



2 Signals Regiment

UWO
Capt Mark Davies

WO2 Carl White

2sig-spsqn-welfare-groupmailbox@mod.gov.uk

Civ: 01904 651572 | Welfare Mob : 07973817562



01264 554004



contact@aff.org.uk



www.aff.org.uk



Beccy Dixon
Service Families Liaison
Officer



07895 202551



r.dixon@ebor.adademy

Service Families' Liaison Officer



A message from me...

Hello everyone,

Welcome to the summer term and a particularly warm welcome to all Service families new to York. I hope you enjoy your time in this beautiful city.

Schools across York recognise and value the unique experiences and challenges that come with Service life and are committed to supporting your child's learning, wellbeing, and sense of belonging.

As we move into the summer term, children will take part in a wide range of exciting learning opportunities, enrichment activities, and school events. This is always an enjoyable and important time of year, and it is wonderful to see children engage, achieve, and grow in confidence.

Schools recognise that some families may be preparing for deployment, return, or relocation over the coming months. Please do not hesitate to contact your school if there are any changes at home that they should be aware of, or if you require any additional support.

Hope you have a great term!

Beccy

☎ 07895 202551

@ r.dixon@ebor.academy



Supporters

